Greetings!

Welcome to the New College of Interdisciplinary Arts and Sciences at Arizona State University.

Your acceptance into our graduate degree program is evidence of your past academic accomplishments and your future potential. It is both an honor and an indication of the hard work and dedication you have invested into your education. Congratulations! Chances are you probably have questions, answers for most of which you will find throughout this handbook. But there are at least two questions I want to address here. First, “for how long will New College be new?” New College will always be New! That’s because New is not measured on a stopwatch or even a calendar. New is a mindset to never settle for the status quo, but instead continue to push the bounds of knowledge and understanding.

The next most-often question I receive is, “what is Interdisciplinary?” The dictionary tells us interdisciplinary involves two or more disciplines. We put that in practice in New College by building degree programs that break down the silos between traditional academic disciplines. Your studies will likely include courses offered across our four unique schools.

Please know, starting a graduate degree program is a huge next step in your life – and I want you to know that throughout your journey with New College, all of us are ready to help you through every phase. If your schedule allows, I invite you to visit our beautiful campus at any point during your studies. Come meet your faculty and advisors. I would sincerely appreciate meeting you as well. Looking ahead, when you graduate, please consider joining us in person for commencement, convocation, and our special New College reception just for online students.

We are thrilled you have chosen New College to pursue your graduate degree and we commit to being here with you every step of the way.

Sincerely,

Todd R. Sandrin, Ph.D.
Dean, New College of Interdisciplinary Arts and Sciences
Vice Provost, West Valley campus
Professor, School of Mathematical and Natural Sciences
Senior Global Futures Scientist - Julie Ann Wrigley Global Futures Laboratory
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Overview

ASU Charter

ASU is a comprehensive public research university, measured not by whom we exclude, but rather by whom we include and how they succeed; advancing research and discovery of public value; and assuming fundamental responsibility for the economic, social, cultural and overall health of the communities it serves.

Visit ASU Charter, Mission and Goals for more information.

Diversity, Equity, and Inclusion

The New College of Interdisciplinary Arts and Sciences supports all forms of equity, diversity, and inclusion and aims to foster a sense of belonging for all its students, staff and faculty. Diversity and inclusion at New College encompass gender identity and expression, race and ethnicity and also socioeconomic background, religion, sexual orientation, age, disability status, veteran status, nationality, linguistic background and intellectual perspective. Our unit and the University are deeply committed to building excellence, enhancing access, and having an impact on our communities, state, nation, and the world. This is actualized by our faculty and staff who reflect the intellectual, ethnic, and cultural diversity of our nation and world to ensure that our students learn from the broadest perspectives, and are engaged in the advancement of knowledge with the most inclusive understanding possible of the issues that are addressed through our scholarly activities.

Find more information at Graduate Student Diversity Resources; Center for the Study of Race and Democracy

Welcome

Welcome to Arizona State University’s Online Master of Science program in Psychology (Positive Psychology). We have designed this program to give our students a strong, theory-based foundation in the modern field of positive psychology. Through the lens of historical and contemporary research in positive psychology, students in the program will gain a solid grounding in the basic tenets of the field, the methodologies employed, and the development and effectiveness of interventions that seek to improve peoples’ lives and enable them to thrive. Coursework emphasizes a theoretical, evidence-based, and experiential focus on key factors contributing to psychological well-being and optimal functioning, such as gratitude, joy, love, optimism, inspiration, compassion, creativity, resilience, and mindfulness. Many of our students are looking for non-academic careers in government, education, social services, behavioral health, human resources, and marketing. PLEASE NOTE: This program does not provide hands-on research experience and it is not a pre-doctoral program. Additionally, this program does not prepare students for licensure as a counseling clinician.
This program requires 36 credit hours of coursework, including a capstone course. The program can be completed in as little as 12 months or at your own pace.

Arizona State University comprises sixteen colleges and schools spread across four campuses in the Phoenix, Arizona metropolitan area. The MS program in psychology (positive psychology) is offered by the School of Social and Behavioral Sciences, which is part of the New College of Interdisciplinary Arts and Sciences, and is housed on ASU’s West Valley Campus in Phoenix, AZ.

If you have any questions about our Online MS Psychology (Positive Psychology) program, feel free to contact ncgradonline@asu.edu.

Quick Facts

- Program location: Online
- Start terms (online): Fall A, Fall B, Spring A, Spring B, Summer
- Time to completion: 12-24 Months
- Schedule: Asynchronous, Part-Time or Full-Time

Student Support & Academic Advising

The New College of Interdisciplinary Arts and Sciences has a team of Academic Success Advisors available to support you throughout your graduate career. Academic Success Advisors are available weekdays from 8 am - 5 pm MST. Contact us at 602-543-3000 or email NCGradOnline@asu.edu.

Current students can schedule an appointment here.

Although we typically provide same day responses, please allow up to 2 business days for an email response. If you have questions that are better suited for a verbal conversation please schedule an appointment with an Academic Success Advisor via your My ASU page.

Program Handbook Archives

To review archived handbooks, please visit New College Graduate Handbook Archives

My ASU Portal

On your My ASU portal you will find information about your courses, transcripts, transportation, student success and support, finances, university policies and the academic calendar. You can familiarize yourself with these resources.
Student Responsibility

As a graduate student, you’re responsible for reviewing and adhering to all university, college, and graduate college policies and procedures.

- Review this program handbook and communicate with your academic success team about any questions.
- Review your program website to ensure you have information related to course registration and course sequencing.
- Check your ASU email daily and review all messages from your New College Graduate Student Services team.
- Monitor your My ASU account regarding your status, holds, action items and other important information to ensure you’re on track for your degree.

Admissions

Application Requirements & Deadlines

Admissions to the MS Psychology (Positive Psychology) – Online is offered for the Fall A (August), Fall B (October), Spring A (January), Spring B (March), Summer (May). Completed admission files are reviewed on a rolling basis. Admission decisions are typically made within five business days. Applicants are encouraged to apply early and have all application materials on file with ASU on or before any posted deadlines.

The Graduate College at ASU maintains a minimum requirement of admission to master’s, certificate and doctoral programs. These minimum requirements can be reviewed on the ASU Graduate Admission site. Each degree program also establishes specific admission requirements. Please visit ASU Degree Search for details on application requirements. Applicants must fulfill the requirements of both the Graduate College and the New College of Interdisciplinary Arts and Sciences.

Application deadlines for online New College graduate degree programs can be found online here.

Admissions Contact Information:

Future Students: EnrollmentOnline@asu.edu

Current Applicants: ncgradadmissions.online@asu.edu
**Investment and Funding**

**Tuition and Fees**

All amounts shown in the Tuition and Fees Schedules or in other University publications or web pages represent tuition and fees as currently approved. However, Arizona State University reserves the right to increase or modify tuition and fees without prior notice, upon approval by the Arizona Board of Regents or as otherwise consistent with Board policy and to make such modifications applicable to students enrolled at ASU at that time as well as to incoming students.

To view current year tuition, program fees, other fees, please visit the [Tuition and Cost Calculator](#).

To view historical information about tuition and fees, please visit [Tuition and Fees Schedule](#).

**Financial Aid and Scholarship Services**

For information on investing in your graduate degree visit [Financial Aid and Scholarship Services](#) online.

Current or incoming ASU Online students can call 24/7 at 855-278-5080.

**Course Assistantships**

These positions typically assist with undergraduate courses that are offered online. Courses are typically half-semester (7.5 weeks) and a few are full semester (15 weeks), and CAs are paid a flat stipend for each course depending on the number of hours per week they are assigned (20, 15, or 10). A higher stipend is provided to CAs selected for work in literacy, statistics, and research methods courses. Calls for applications will be sent out via email prior to the start of each session, when applicable. Although these positions are not guaranteed, most students who desire to serve as a CA have done so in one or more classes per year. No tuition remission or other benefits are provided.
Travel and Research Funding

Although research is not a core/required component of this program, some students may be invited to conduct research with program (or non-program) faculty on their own and present research at national and international academic conferences. We are happy to offer two options for funding research (e.g., participant payment, supplies, equipment) and conference travel expenses. (Note: You will not be allowed to apply any research credit hours toward your MS Psych degree requirements, unless on you are in the research track.) As with the other funding requests, the Director must approve this request.

1) **Online MS Psychology Program Funding.** The MS program makes available approximately $750 in travel/research funding to each student, to be used over the course of the standard two-year program. Students may choose to use that money in one year or split it over the two years in the program. Please complete the appropriate form on our website under student resources and submit to the Online MS Psychology Director.

2) **Psi Chi Travel and Research Funding.** Members of Psi Chi are eligible to apply for many travel and research grants and awards. See here for a listing of available awards and grants for graduate members of Psi Chi: [https://www.psichi.org/page/awards#graduate](https://www.psichi.org/page/awards#graduate). If you are already a member of Psi Chi from your undergraduate days and want to switch your membership chapter here to our ASU West Valley Psi Chi chapter as a graduate student, get in touch with the Online Psi Chi Faculty Advisor (Dr. Erin Kube; [Erin.Kube@asu.edu](mailto:Erin.Kube@asu.edu)) who can help you with this. If you've never been a member of Psi Chi and want to become a member, contact Dr. Kube about how to join.

**Funding Priorities for Psychology Program Fee Monies** *(not rank ordered)*

- Presenter at a professional conference
- Co-authorship on a conference presentation
- Thesis/Applied Project research expenses
- Attending only at a professional conference (eligible for a lower amount of funding)

**How to Get Reimbursements**

Typically, to get a reimbursement for research expenses, you need to submit the original receipt and justification (and a log for the gift cards) to Abigail Garcia ([Abigail.G.Garcia@asu.edu](mailto:Abigail.G.Garcia@asu.edu)) for reimbursement. For travel reimbursement, you will need to set up a **Travel Profile** and use the Concur program to submit a Travel Request (prior to travel) and an Expense Request (after travel). No advances are given for travel to conferences. Please see the following PowerPoint on information about reimbursements and the Concur system: [How to get reimbursements and use Concur (PPT)](PPT).
Program Requirements

Degree Requirements

The MS Psychology (Positive Psychology) – Online requires 36 credit hours including 3 credit hour culminating experience.

Visit ASU Degree Search for more information.

Course Descriptions

Required Core (3 credit hours):

PSY 502 Professional Issues in Psychology (3): Introduce graduate students to various aspects of the professional roles of psychology, as well as to the ethical standards of the profession.

Required Research and Statistics (6 credit hours):

PSY 500 Research Methods (3): Course on research methods in a specific discipline.

PSY 513 Fundamentals of Quantitative Methods (3): Fundamental concepts in quantitative research, with an emphasis on basic statistical knowledge and skills.

Required Positive Psychology Foundation (15 credit hours):

PSY 550 Advanced Social Psychology (3): Theory and research concerning interpersonal perception, decision making, attitude formation and change, group processes, social motivation, and interaction processes.

PSY 565 Psychology of Mindfulness (3): Examines the origins of mindfulness and its increasing presence in psychological research, with special attention on critiquing studies that investigate the effects of mindfulness on health.

PSY 577 Advanced Developmental Psychology (3): Provides an advanced overview of human development across the lifespan. Both typical and atypical developmental trajectories within varying societal and cultural contexts will be considered.

PSY 585 Advanced Positive Psychology (3): Examines the evolution of the field, from concepts of hope and resilience to concepts of positive pessimism and post-traumatic growth. Includes experiential learning through brief interventions.

PSY 586 Emotion (3): Explores sociocultural and biological perspectives on emotion, as well as emotion regulation and processes. Designed to encourage students to think critically about emotion research.
Positive Psychology Electives (9 credit hours):

PSY 598 Attachment (3): Healthy attachment formation is fundamental to establishing the intertwined components of human flourishing: positive emotions, good relationships, and overall well-being. This course examines the theoretical foundation for attachment as a means of understanding the positive development of the self across cultural contexts and the lifespan. Throughout the course is a discussion of different kinds of attachment relationships (parent-child, romantic partner), different age groups (infants, children, adults), different levels of well-being (e.g., optimal, suboptimal), and different domains (e.g., clinical, non-clinical).

PSY 598 Childhood Bereavement and Resilience (3): Examining loss and bereavement through a contextual resilience framework, this course explores how children and families cope and adapt to the death of a primary caregiver, various theories of grief, and evidence-based preventive interventions.

PSY 598 Thriving Family Systems (3): Thriving Family Systems will focus on positive psychology within the family context. It fits with the "Third Wave" of PP that is contextual and systems-focused, more complex than person-focused. Topics covered include mindful parenting, shared affect, collective happiness, positive changes in families/family dynamics, positive family therapy, and whole-family positive psychology interventions.

PSY 598 Advanced Health Psychology (3): This course examines the relationship between mental and physical health and explores the role of positive psychology as a mechanism for understanding how individuals thrive and create meaningful lives even in face of chronic disease or medical illness. It looks at the interplay between physical illness and psychological well-being and discusses how individuals can improve their physical and mental well-being by changing their thoughts and behaviors, as well as how psychologists can support organizations to promote healthy behavior in individuals and populations.

PSY 598 Resilient Relationships and Communities (3): Explores the resilience construct, focusing on its manifestations at the individual, relational, and community levels of analysis. Communication practices and social environments that foster resilience are highlighted.

Culminating Experience (3 credit hours):

PSY 553 Capstone in General Psychology (taken during your last term) (3): Culminating experience for online students only in the Master of Science in Psychology program. Students review and synthesize current literature in the field and design a feasible and methodologically sound research study proposal to address a gap in the research.
Culminating Experience

Summary of Culminating Experience

The MS Psychology (Positive Psychology) Online requires PSY 553 Capstone in General Psychology, 3 credit hours to satisfy the culminating experience requirement. At this point, you should be in your final term of the program, and you should be prepared to demonstrate the knowledge and skills you have gained. This course will be somewhat different from your previous work. You will be given a set of 10 readings addressing current research and methods in psychology to assist in designing your own capstone paper topic. You will meet with the instructor to discuss possible topics during the second week of the course and get approval on a topic. Then, you will be asked to produce a list of 10-15 contemporary readings related to your approved topic, followed by a 15-page paper that synthesizes the research in your chosen area and demonstrates your understanding of and ability to apply that research. In your paper, you must also propose a research study to address an unanswered question or gap in the literature of the chosen topic. [Note: The topic chosen must be related to a novel problem within the field of positive psychology.]

This course is designed as an independent-study course and project preparation - there are no lectures/PPT slides/videos or group discussions. Students are expected to work by themselves and receive feedback from the instructor on their outlines.

Capstone Course Eligibility and Registration

The capstone course is completed in a student’s final semester of study. To be eligible for an override to enroll in the culminating experience a student must:

- Have an approved iPOS with no course errors
- Resolve all items listed under Priority Tasks affecting registration in the My ASU Portal
- Meet the minimum 3.00 GPA in each Plan of Study GPA, Overall Graduate GPA, Cumulative GPA.
  - If one or more of the GPAs is below the required minimum and can increase to a 3.00 with successful completion of the capstone, registration will be permitted.
- If a student becomes ineligible before the start of the culminating experience they will be removed from the course by New College Graduate Student Services.

Prior to registration a student who is issued an override will receive an email with the appropriate section line number. If a student does not meet eligibility requirements as outlined above they will need to contact NCGradOnline@asu.edu.
Capstone Course Completion

All MS Psychology (Positive Psychology) students must earn a “B” or better in PSY 553 Capstone in General Psychology.

The MS Psychology (Positive Psychology) program allows students a maximum of two graded attempts (letter grade A-E). Students who do not achieve a "B" or better in the second attempt will be recommended for dismissal from the program.

Grades of Incomplete “I” or Withdrawal “W” in PSY 553 do not indicate satisfactory academic progress. A student with three or more earned “I” or “W” grades (or a combination of “I” and “W” grades) may be recommended for dismissal.

Graduation Requirements

Congratulations on nearing the completion of your master’s degree. There are a few administrative items that need your attention:

1) Ensure you have an approved and up-to-date iPOS on file.
2) Apply for graduation via My ASU

Applying for graduation and registering to attend in-person graduation ceremonies are separate but related issues. Applying and paying your graduation fee ensures that your degree will be processed after coursework is complete and certification of your degree is issued. Registering for attendance at ceremonies ensures that seating will be made available for you and your guests for the event(s) you will attend. It also ensures tickets will be reserved for those events that require tickets.

Ceremonies

There are a variety of opportunities to celebrate this milestone. Two of the most popular ceremonies are Commencement (ASU ceremony) and Convocation (College ceremony).

Commencement: Commencement ceremonies are the official graduation events for the university. During the university’s graduate Commencement, President Crow confers degrees on all ASU graduate students (master’s and doctoral candidates).

- **Master’s degree candidates** will be hooded at Graduate Commencement, but will NOT be called individually to cross the stage.
- **Doctoral candidates** will be hooded at Graduate Commencement, have their names called and cross the stage individually to receive congratulations.
**Convocation:** Convocation ceremonies celebrate graduating New College of Interdisciplinary Arts and Sciences students and their achievements. During Convocation, New College of Interdisciplinary Arts and Sciences graduates are individually recognized for their academic achievement, including crossing the stage while their name is read.

**Register to Attend an Event**

All ASU graduation ceremonies require reservations (RSVPs) from graduating students who wish to participate. Attendance is not mandatory or you may elect to attend one or more ceremonies.

/Register to Attend Commencement
/Register to Attend New College Convocation

Summer graduates completing coursework in August may opt to participate in ceremonies the May prior to course completion or the December following course completion.

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**Program Leadership & Faculty**

**Program Faculty**

The Arizona State University faculty is at the forefront nationally in advancing research and discovery. Our more than 4,700 faculty members inspire new ways of thinking, innovating and solving problems socially, culturally and economically in our region and in the international community.

We aspire to create an accessible academic experience and attract faculty not bound by traditional disciplinary distinctions, but who embrace an inclusive, collaborative and entrepreneurial environment defined by excellence and impact.

Social & Behavioral Sciences Faculty information can be found [here](#).
Degree Progress

Registration and Course Selection
Students will register for classes each semester via My ASU and use their course sequence or approved iPOS as a guide for registration. The schedule of classes is available here.

The recommended course sequence varies slightly for each admit term and can be viewed online at the MS Psychology (Positive Psychology) Online advising website. It is important to consider your personal and professional commitments when you select a completion timeline. Summer registration may be required for students based on the required course sequence.

Continuous Enrollment Policy
To remain active at ASU graduate students must be continuously registered for a minimum of 1 graduate credit hour in every fall and spring semester.

Students who fail to enroll in any semester (not including summer) will be dropped automatically by the ASU Graduate College and have to re-apply and be re-admitted to continue working towards the degree.

Please review the Registration and Course Selection above. Depending on course availability, some programs may require summer registration.

Drop/Add Withdrawal
The ASU Academic Calendar lists specific dates and deadlines for each semester. Exceptions to published dates are rare and made on a case-by-case basis.

Request Leave of Absence
Students can apply for a formal waiver of the continuous enrollment requirement or a leave of absence (up to 2 semesters). These must be submitted via the iPOS in My ASU and approved by the student success team, program director, and the Graduate College prior to the semester for which the waiver or leave is requested.

Medical or Compassionate Withdrawal
A medical or compassionate withdrawal request may be made in extraordinary cases in which serious illness or injury (medical) or another extraordinary personal situation such as a death in the family (compassionate) prevents a student from continuing their classes and incompletes or other arrangements with the instructors are not possible.

For information on the New College Medical/Compassionate Withdrawal policy and procedures, students should visit https://newcollege.asu.edu/advising/medical-compassionate-withdrawal.
Interactive Plan of Study (iPOS)

What is the Interactive Plan of Study (iPOS)?

The Interactive Plan of Study (iPOS) functions as an agreement between the student, the academic unit, and the ASU Graduate College. It will support you as you make progress toward your degree requirements. (Learn More)

The iPOS allows you to plan for your course load, can guide registration each term, and provide anticipated completion timeline.

How do I select courses for my iPOS?

At the time of admission students in the MS Psychology (Positive Psychology) Online program are provided with a recommended sequence of courses that are planned out for 12-month, 18-month, and 24-month completion. It is expected that students take coursework in Fall, Spring, and Summer.

The recommended course sequence varies slightly for each admit term and can be viewed online at the MS Psychology (Positive Psychology) Online advising website. It is important to consider your personal and professional commitments when you select a completion timeline.

Failure to follow the provided course sequence may delay time to degree completion. It is the responsibility of the student to communicate with the academic success team at ncgradonline@asu.edu if there are any challenges with the assigned course sequence.

How to create an iPOS

To access the iPOS: Login to My ASU. From the My Programs box, under the Programs tab, select iPOS. Select Graduate Interactive Plan of Study (iPOS). Note: Pop up blockers may need to be turned off.

You will find instructions for submitting the iPOS in the downloadable how-to guide.

All of the information you need to submit your iPOS including course requirements by semester, faculty advisor, and anticipated graduation term are available on the course sequence on advising website.

When do I file my iPOS?

We encourage students to file their iPOS as soon as possible (the iPOS is available to students 30 days prior to the start of their first semester). It helps our team to monitor progress and provides you with the information you need for registration each term.

An advising hold will be placed on your account if you do not have your iPOS filed by the end of your first semester.

Can I update my iPOS?

Yes! Once approved, the iPOS can be updated to accommodate changes in your course selection.
Academic Progress

Satisfactory Academic Progress

This policy applies to all graduate students in the New College of Interdisciplinary Arts & Sciences. All graduate students are expected to make systematic progress toward the completion of their degree. In order to remain in good standing in the New College of Interdisciplinary Arts & Sciences (NCIAS), students must maintain satisfactory academic progress. This document sets forth the standards for “satisfactory academic progress” and “good standing” and explains the consequences of not meeting these standards.

Review the complete policy and performance requirements here.

Academic (grade) Grievance Policy

The New College of Interdisciplinary Arts & Sciences requires that any student seeking to appeal a grade must follow the Academic (grade) Grievance Policy.

Review the complete policy and steps located in the “Graduate policies” section of the New College Academic Catalog policies located here.

Student Code of Conduct and Academic Integrity

Student Code of Conduct

All students are expected to adhere to the Arizona Board of Regents Student Code of Conduct.

Academic Integrity

The highest standards of academic integrity and compliance with the university’s Student Code of Conduct and Academic Integrity Student Policy are expected of all graduate students in academic coursework and research activities. The failure of any graduate student to uphold these standards may result in serious consequences including suspension or expulsion from the university and/or other sanctions as specified in the academic integrity policies of individual colleges as well as the university.

For more information please visit: the Graduate College’s Policies, Forms, and Deadlines and Maintaining Academic and Research Integrity.
Resources

There are a number of resources available in the program and through the university.

Academic and Professional Services

- **ASU Library** now has an online tutorial version of "Library 501: What Grad Students Need to Know about the Library" workshop available for online students and anyone else for whom it might be useful. The Library 501 tutorial can be found on the tutorials page under "Other Tutorials".
- **Career & Professional Development Services** – resource for finding jobs and internships, career advising, and more; online services available.
- Resources for ASU Online students through the ASU Library are available here.

Student Support Services

- **Counseling**
  - Graduate Student Wellness Resources
  - Graduate Student Wellbeing
  - **360 Life Services**: This resource gives students access to experts who can answer financial questions, provide legal advice, offer clinical or personal care, and provide career advice 24/7
- **Educational Outreach & Student Services (Dean of Students Office)**
- **Graduate Student Diversity Resources**
- **Graduate Academic Support Services** – in-person (all campuses) and online, no-cost writing and statistics tutoring (most services are free except for special sessions, refer to the website for more details).
- **Health**
- **ID Cards**
- **International Student Services Center (ISSC)**
- **Sexual Violence Awareness, Prevention and Response (Title IX)**
- **Statistics and Methods (SAM) Lab**
- **Student Accessibility and Inclusive Learning Services (SAILS)**
- **Student Rights and Responsibilities**
- **Veterans**

University Contact Information

- **Emergency Services**
- **Graduate College**
- **GPSA Outreach**
- **Provost’s Office**
- **Student Business Services**
- **University Technology Office/IT Help**